



Psychology & Behaviour Support



ACORN CHARITABLE TRUST
Embracing Neurodiversity

Our Service

Our Psychology & Behaviour Support service involves one of our psychologists or behaviour specialists supporting the young person and their family at home, school/ kindergarten, or in one of our centres.

Our approach maximises an individual's strengths and breaks down barriers to learning. Learning opportunities are fun and engaging, motivating the individual to participate in the learning process.

About our Psychology Service



Who is this service for?

Our psychology service is appropriate for neurodiverse children and youth struggling with learning or experiencing behavioural challenges.

Our service involves supporting the young person in their home, school/kindergarten, or one of our centres.



Our team can support with:

- Cognitive skills
- Executive functioning
- School readiness
- Emotional regulation
- Anxiety
- Social skills
- Community skills
- Sleep difficulties
- Food selectivity
- Toilet training
- Behavioural challenges

Assessment Process

PRE-ASSESSMENT

Prior to your assessment, we will send you a Client Details Form and our Terms of Service and Consent Form. We may also send you a questionnaire to complete. This will help us obtain basic information about the young person and their needs.

ASSESSMENT

One of our behavioural team will meet with you to complete an assessment to understand better the young person's needs and your family's goals. The nature of the assessment will depend on the needs of the young person but may include:

- Obtaining case history
- Formal and informal interviews
- Assessment questionnaires
- Direct observation (this may take place across multiple settings)
- Assessment report and development of therapy/support plan

REPORT & FEEDBACK

Following the initial assessment, the clinician will put together a report that will summarise the findings from the assessment and outline our recommendations for services, including the number of therapy hours per week and initial therapy goals. We will meet with you to talk through this report.





Service Information

ASSESSMENT

- Obtaining case history
- Formal and informal interviews
- Assessment questionnaires and rating scales
- Direct observation of young person (across settings if needed)
- Assessment report & development of initial therapy/support plan

Assessment time depends on complexity of case

SESSIONS

We recommend recurring sessions to support the implementation of the therapy plan. Sessions may include:

- Working one-to-one with the young person.
- Providing parent/caregiver/teacher training and support.
- Both of the above activities

The session structure will be guided by your priorities, the assessment outcome, and your budget.

ADDITIONS

Examples include but are not limited to:

- Additional reports for other clinical professionals (e.g. paediatricians).
- Additional time (e.g. school meetings, staff training)



Building a future in which all neurodiverse children and youth can fully participate, belong and thrive.

CONTACT

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