



# Speech & Language Therapy

ACORN CHARITABLE TRUST  
Embracing Neurodiversity



# Our Service

Our therapists know that strong relationships are the key to learning. Relationships are built through understanding each child's unique strengths and interests and having fun together.

Our therapists are experienced in a variety of evidence-based approaches so that your child's therapy plan is tailored to the way they learn.

# About Speech & Language Therapy

## Who is this service for?



Our Speech & Language Therapy service is appropriate for neurodiverse children and youth facing challenges with their speech, language and/or communication skills. We believe that every child has the right to communicate their wants and needs.

Our service involves supporting young people in their home, school/kindergarten, or one of our specialist centres.

## We can support with:



- Articulation/Phonology (sounds your child uses)
- Receptive language (understanding communication)
- Expressive language (use of communication)
- Social Relationships
- Literacy (reading and writing)

# Assessment Process

## PRE-ASSESSMENT

Prior to your assessment, we will send you a Client Details Form and our Terms of Service and Consent Form. This will help us obtain basic information about the young person and their needs.

## ASSESSMENT

The assessment process will be tailored to the specific needs of the individual, but may include some or all of the following:

- Case history and parent/carer interview
- Information gathering from other individuals/professionals supporting the young person
- Observing and interacting with the young person
- Formal standardised assessments
- Informal assessment of the young person's skills and abilities

Assessments may need to take place over multiple sessions and in more than one location.

## REPORT & FEEDBACK

Following the assessment, your speech-language therapist will provide a report summarising the assessment findings and outlining recommendations for therapy services. The speech-language therapist will meet with you to talk through recommendations and create a therapy plan.

Service recommendations may include:

- Supporting the young person directly
- Supporting the young person and their peers
- Providing parent/caregiver training





# Therapy Sessions

An important component of the initial therapy sessions is for the therapist to build a trusting and positive relationship with the young person. Your speech & language therapist will make the sessions fun and engaging. Therapy sessions are typically 50 minutes long. The therapy plan may include:

- Facilitating and supporting skills that are not yet developed or are not progressing.
- Building supports into the young person's everyday life.
- Equipping the individual with skills and tools for increased participation in their daily life and activities.
- Implementing communication aids and alternative communication systems when required.

We ask that you arrive 15 minutes before the end of your therapy session. This includes five minutes to discuss session details and recommendations for carryover of strategies and techniques at home. The remaining 10 minutes allows the therapist to complete documentation and clean and put away resources used during the session.



Building a future in which all neurodiverse children and youth can fully participate, belong and thrive.

## CONTACT

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